**2024 VISAA WRESTLING STATE CHAMPIONSHIPS**

Complete results of all teams can be found at this website: <https://www.trackwrestling.com/tw/TWHome.jsp?loadBalanced=true>

**Top 6 Team Trophies:**

1st  St. Christopher's School, 332.5 points

2nd Paul VI Catholic High School, 307.5 points

3rd Benedictine College Preparatory, 216 points

4th Peninsula Catholic, 176 points

5th St. John Paul the Great, 135.5 points

6th Fishburne Military School, 133 points

**Outstanding Wrestlers**

Lightweight Division: Brycen Arbogast (132 lbs.),  Benedictine College Preparatory

Middle Weight Division: Lane Foard (165 lbs.), Benedictine College Preparatory

Heavy Weight Division: Miles Sanderson (215 lbs.) Paul VI Catholic High School

**Award for Most Pins in Least Amount of Time**: Aito Omura, Blue Ridge, 5 pins in 5:21

**Head Coach of The Year:**Mike Eastman, Paul VI Catholic High School

**Assistant Coach of The Year:** Rob Prebish, St. Christopher's School

**Team Sportsmanship Award:**The Potomac School

**Small-size School Achievement Award:** Grace Christian School

**Mid-size School Achievement Award:** Peninsula Catholic

**Team Scores**

1. St. Christophers 332.5

2. Paul VI 307.5

3. Benedictine College Preparatory 216.0.

4. Peninsula Catholic 176.0

5. St. John Paul the Great Catholic HS 135.5

6. Fishburne Military School 133.0

7. Norfolk Academy 132.0

8. Cape Henry Collegiate 127.0

9. St. Stephens/St. Agnes 98.0

10. Woodberry Forest 97.0

11. Catholic High School 80.5

12. The Potomac School 80.0

13. Episcopal 72.0

14. Blue Ridge School 62.0

15. Bishop O'Connell 60.0

16. Grace Christian School 59.0

17. Collegiate School 54.0

18. The Covenant School 53.0

19. Roanoke Catholic 47.0

20. Norfolk Collegiate School 38.0

21. Fork Union Military Academy 37.0

22. Norfolk Christian School 32.0

23. Randolph Macon Academy 26.0

24. Atlantic Shores Christian School 24.5

25. Hargrave Military Academy 22.5

26. Bishop Ireton 15.0

27. King Abdullah Academy  10.0

28. The New Community School 6.0

29. Oak Hill Academy

30. Christian Academy 2.0